



South Shore
BEHAVIORAL HEALTH
Collaborative

News Release

April 6, 2018

The South Shore Behavioral Health Collaborative is proud to announce that we are holding a community behavioral health fair on April 20th, 2018 from 10am to 3pm in center court at the Kingston Collection. This event is free and open to the public. The goal of the fair is to provide education about resources and services to community members, and to reduce the stigma associated with accessing behavioral health services.

With over sixty participating organizations in attendance, we are excited to offer a wide variety of information and resources. Topics include:

Senior Health
Substance Use Disorder
Family Support
Crisis
Youth Health
Exercise
Healthy Eating
Suicide Prevention
Adult Health
Hidden in Plain Sight
1st Responder Q&A

To further promote wellness, we have teamed up with two fitness facilities at the Kingston Collection. The Fit Factory will be offering free Zumba classes, starting at noon. Stop by their table at the event to sign up. Abilities Rec will also be holding a live drumming demonstration at noon.

The South Shore Behavioral Health Collaborative (SSBHC) is a group of behavioral health providers, community outreach services, public safety officials, school psychologists, corrections, court officials, and other experts. Our goal is to bring behavioral health resources together to provide the best possible services to individuals in our respective coverage areas.

For questions about the Community Behavioral Health Fair or to request an interview please call or email one of the following SSBHC points of contact:

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