



**Matthew M. Clancy**  
Chief of Police

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# Press Release

**For Immediate Release**  
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## **Duxbury Police to Offer Rape Aggression Defense (R.A.D.) Training** August 2011

The Duxbury Police Department has partnered with the Duxbury Student Union to offer the R.A.D. Program. R.A.D. is a self-defense course created specifically for women and girls 13 years and up. This course differs from other self-defense programs in that it provides a foundation of risk reduction through avoidance strategies in addition to active defense tactics. Because this class emphasizes awareness as well as self-defense, it addresses the threat from both a stranger and an acquaintance perspective. Our next session will start on Monday, September 12, 2011 for 4 weeks from 6pm to 8pm and will be held at the Duxbury Student Union. The course fee of \$25 provides the student with a R.A.D. program membership which includes a lifetime return and practice invitation anywhere there is a R.A.D. Program being offered at no additional cost.

Applications are available at the Duxbury Police Department. For further information, please contact Sgt. Kristin Golden at 781-934-5656 ext. 41.

Released by: Chief Matthew M. Clancy